Delivering a progression of care that strengthens families and children throughout their lifetime.
A Letter from the President and Chief Executive Officer

Strengthening Families, Children and Youth

Helping families and children is at the heart of what we do. Children thrive when they have a supportive and nurturing family environment—which every child deserves. This year has sparked a renewed energy and even stronger commitment to our Mission to Preserve Families and Secure Futures.

Through our Model of Care and the hard work and dedication of our staff, board members, funding partners, donors and volunteers, SAFY positively impacted the lives of over 13,000 families and youth in 2015. This year we expanded our Family Preservation community-based services to provide intensive in-home support to families experiencing challenges that affect their stability. Every day we strive to meet families and children right where they are to help them heal from trauma and develop the necessary skills to succeed in life. Our Model of Care focuses on safety, well-being and the unique needs of each family and child we serve. Each year, we live our Mission and strive to reach more families and children with a diverse array of services—Family Preservation & Reunification, Therapeutic Foster Care, Behavioral Health, Older Youth and Adoption.

To achieve our Vision of becoming a national leader in the provision of community-based care, we are committed to continuous quality improvement of our service delivery, while creating efficiencies that enable our staff to work effectively. Improving how we work requires an awareness that change is needed, perseverance to be a change agent, and an intentional workforce to make change happen. Our passion to strengthen families and youth is fueled by our promise of a progression of care that provides a brighter today and strength for families and children to carry throughout their lifetime.

Thank you for being a committed partner in helping serve those who need our care most—families and their children.

Sincerely,

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President and Chief Executive Officer

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Board Vice-Chairman
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Family Preservation and Community-Based Care

Specialized Alternatives for Families and Youth (SAFY) of America is a national nonprofit organization dedicated to Preserving Families and Securing Futures. Our Model of Care provides a brighter today and strength for families and children to carry throughout their lifetime. Recognized as a leader in the management and provision of the highest quality community-based services, our clinical expertise and system of care produces positive, sustainable change in the lives of more than 13,000 families and children.

SAFY Locations

**Ohio**
- Canton/Akron
- Cincinnati
- Cleveland
- Columbus
- Dayton
- Delphos
- Findlay
- Lima
- Sidney

**Indiana**
- Fort Wayne
- Indianapolis
- Merrillville
- South Bend

**South Carolina**
- Charleston
- Columbia
- Greenville

**Texas**
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**Oklahoma**
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- Montgomery

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**Kentucky**
- Ashland
- Bowling Green
- Elizabethtown
- Lexington
- Louisville
- N. Kentucky
- Somerset

**Nevada**
- Las Vegas

![Map of SAFY Locations](image)
Our Model of Care

SAFY’s Model of Care works with families across service systems to enhance their ability to care for and protect their children. Focusing on permanency, safety and well-being within the context of family and community, we build on each individual’s strengths to enhance lifelong skills that allow families, children and communities to thrive.

Therapeutic/Treatment Foster Care

SAFY has a long history of providing quality Therapeutic Foster Care (TFC) services for children and youth in need of treatment-level care in a supportive, family environment. Ensuring physical and emotional safety, we enable their return to their biological family, or placement with an adoptive or kinship family.

Family Preservation & Reunification Services

Our Family Preservation and Reunification services empower families to provide a safe and nurturing home environment for their children. Focusing on family-centered attributes, our goal is to support and nurture families so they are able to remain together when there are no serious safety issues and/or prepare and support youth reuniting with biological families and those with other permanency goals.

Older Youth Services

SAFY’s Older Youth services promote healthy development and prepare youth emancipating from the foster care and/or juvenile justice system for self-reliance and independent living. Recognizing the importance of healthy family connections, we pursue enduring relationships and a framework for permanency-directed services to improve outcomes for families and children.

Behavioral Health Services

SAFY offers a coordinated system of Behavioral Health services that support recovery and strengthen the well-being of children and adults experiencing mental illness. SAFY’s clinically-qualified staff works with clients and government agencies to provide accessible services that empower all individuals and families seeking treatment with the skills to lead self-sufficient and productive lives.

Adoption & Post-Adoption Services

When children in foster care cannot be safely reunited with their birth families, our Adoption services and support permanency in adoptive homes. SAFY utilizes evidence-focused practices to provide supportive services to prevent post-adoption disruptions.

Other Services

SAFY provides community-based services including early childhood education and intervention services. SAFY’s Kreative Learning Preschool promotes healthy childhood development and contributes to community-building processes.
Integrated System of Care for Families & Children

SAFY believes families and children are best supported through an integrated System of Care that provides family-focused services addressing the impact of trauma and behavioral health issues that challenge treatment and recovery. The goal of our approach is to deliver the most appropriate and least restrictive treatment to ensure permanency, safety and well-being for families and youth.

Prevention/Intervention
- Intensive Family Preservation
- Case Management Services
- Family Assessment Services
- Family Coaching
- Parent Education
- Family Group Conferencing
- Family Support Services
- Adoption Preparation
- Psycho Social Rehabilitation
- Comprehensive Behavioral Health Services

Out-Of-Home Placement
- Therapeutic Foster Care
- Special Medical Services Foster Care
- Multidimensional Treatment Foster Care of Oregon
- Therapeutic Foster Care for Juvenile Justice Youth
- Family Foster Care
- Mother/Infant Foster Care
- ID/DD Foster Care
- Older Youth Services
- Transitional Living
- Respite Care

Reunification/Permanency
- Intensive Family Reunification
- Older Youth Services
- Case Management Services
- Adoption Services
- Post Adoption Services
- Aftercare Services
- Vocational/Transitional Services
The Need to Preserve Families and Secure Futures

All parents know raising a child is a challenging and sometimes overwhelming responsibility. Most rely on formal and informal supports to do so. However, reports on the conditions of children, youth and families show an increasing number of families and children live with poverty, violence, and substance abuse.* In 2015, there was an increase in the number of children in the U.S. foster care system for a third year in a row. Parental substance abuse was cited in 32.2 percent of cases in which a child was removed from their home.**

SAFY’s overarching goal is to assure the long-term well-being of children within their families whenever possible. Our Model of Care responds to the need for family-centered, community-based, culturally competent, and outcome-oriented care.

* Kids Count Data Book
** Department of Health and Human Services
Lucy’s Story

Lucy was born premature. She spent the first three months of her life in the hospital and was ready to come home. But a public health nurse assigned to the case was worried about what she would face there.

My older son Jeremy was recently returned to me after spending 14 months in foster care because of concussions and broken bones he got at home. Jeremy has a lot of energy. He never sleeps through the night and sometimes I’m too tired to get up and watch him. He is angry and acts out. Both the nurse and my case manager were concerned both children would be too much for me to handle. They talked to me about their concerns and referred me to SAFY. I accepted their in-home services so both my children could be home.

On their first visit, I shared the loneliness and depression I experience as a single mom. I get overwhelmed and frustrated. I feel like I cannot work or take good care of my children. I told my case manager that I believed Jeremy’s wild behavior was something I couldn’t change or control. She began working with me that day, teaching me how to deal with his outbursts and helping him sleep at night. She helped me schedule doctor visits for my daughter and arranged for a van to take us there and pick us up.

It’s been three months since both my children came home. SAFY’s helped me find a job and encouraged me to reach out to my sister for support. They’re working with Jeremy to help him deal with the fear he has from being taken away from home. I got more done with SAFY in three months than I ever have before, but my biggest accomplishment has been learning to take care of my children.

“I got more done with SAFY in three months than I ever have before, but my biggest accomplishment has been learning to take care of my children.”
Quality and Impact

Well-being is the foundation to our Mission of Preserving Families and Securing Futures. The goal of the services provided through SAFY’s Model of Care is to ensure the physical and emotional safety of each individual while improving family functioning.

86% Show Progress in Support as Caregivers
75% Show Progress in Living Conditions
72% Show Progress in Developmental Skills/Stimulation
87% Show Progress in Caregiver/Child Interactions
76% Show Progress in Support to/Interactions between Caregivers
Integrated System of Care for Families & Children

Revenue by State:

- **Alabama**: $3.7 million
- **Colorado**: $1.1 million
- **Indiana**: $4.2 million
- **Kentucky**: $10.9 million
- **Nevada**: $4.5 million
- **Ohio**: $18.9 million
- **Oklahoma**: $2.3 million
- **South Carolina**: $9.4 million
- **Texas**: $1.3 million
- **Total**: $56.3 million

Average Annual TFC Census Growth*:

- **2015**: 1,300
- **2014**: 1,288
- **2013**: 1,256
- **2012**: 1,223
- **2011**: 1,172

*Average daily number of youth in care per year.

Revenue by Service:

- **Therapeutic Foster Care**: $31.5 million
- **Behavioral Health Services**: $11.3 million
- **Family Preservation/Family Reunification**: $9.6 million
- **Older Youth Services**: $2.3 million
- **Adoption**: $0.5 million
- **Other**: $1.1 million
- **Total**: $56.3 million

Revenue Growth:

- **2011**: $49.7 million
- **2015**: $56.3 million

- **Total**: $56.3 million
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Guided by our Mission to Preserve Families and Secure Futures, we care for more than 13,000 families and children, delivering a progression of care that provides a brighter today and strengthens families and children throughout their lifetime.

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