

What type of reactions or behaviors a child or adolescent may display because of a traumatic experience

There are many ways children can be impacted by trauma, and as a result, they may demonstrate a variety of trauma symptoms or new behaviors.

These symptoms might include (please note that this list is not exhaustive):

- *Behaviors that are not consistent with the child's chronological age (e.g., loss of toileting skills)*
- *Difficulty sleeping*
- *Difficulty paying attention*
- *Hypervigilance (difficulty relaxing; scanning the environment)*
- *Rapid shift in emotional states*
- *Somatic complaints*
- *Difficulty trusting adults*

